

**PUBLIC HEALTH ORDER  
NAVAJO DEPARTMENT OF HEALTH  
NAVAJO OFFICE OF ENVIRONMENTAL HEALTH & PROTECTION PROGRAM**

**January 11, 2022**

**Public Health Emergency Order No. 2022-01  
Public Health Emergency Order Reemphasizing “Safer at Home” Order and  
Addressing Travel Recommendations**

- I. Paragraphs I – IX from Public Health Emergency Order No. 2020-004 are included with this Public Health Order, addressing the various Navajo Nation (Nation) authorities related to the current COVID-19 Public Health Emergency.
- II. The intent and purpose of this Public Health Emergency Order No. 2022-01 is to reemphasize the “Safer-at-Home” requirements and address travel recommendations. The requirements of this Order may be extended or changed in a future order. These measures are intended to further ensure an effective response to the COVID-19 pandemic by restricting movement of individuals on the Nation to limit contact to prevent the spread of the virus and minimize the strain on medical response capabilities. All provisions of this Order are to be interpreted to effectuate this intent. Failure to comply with any provision of this Order constitutes an imminent threat and menace to public health.
- III. Wearing a mask in public continues to be mandatory (Public Health Emergency Order No. 2021-015, August 4, 2021).
- IV. The Navajo Nation is experiencing an extreme upward trajectory (increasing) of cases. The Navajo Nation remains vigilant as neighboring states are experiencing an increase of the Omicron and other COVID variants continue to remain a threat. The Navajo Nation has documented new cases of COVID-19 Omicron (B.1.1.529) within the Navajo Nation. According to the CDC, the Omicron variant seem to spread more easily and quickly than the other previous variants, including Delta. Breakthrough infections are expected and some treatments are not as effective against infection with Omicron. As coronavirus vaccines continue to be made available on the Navajo Nation, all preventative precautions should continue to be adhered to after receiving the vaccine.
- V. The safest place continues to be at home. According to the Centers for Disease Control and Prevention, “CDC is expecting a surge of COVID-19 cases in the coming days to weeks and Omicron infection can spread the virus to others, even if they are vaccinated or don’t have symptoms.”

- VI. According to the Centers for Disease Control and Prevention, **“delay travel until you are fully vaccinated”** and **“Getting vaccinated is still the best way to protect yourself from severe disease, slow the spread of COVID-19, and reduce the number of new variants.”**

**THEREFORE, NOTICE IS GIVEN** that, pursuant to the power and authority set forth in the NDOH enabling legislation (NNC Resolution No. CO-50-14), and in conjunction with the Navajo Nation Public Health State of Emergency Declaration (CEM Resolution No. 20-03-11):

- A.** The Navajo Nation’s Safer at Home Public Health Emergency Order is still in effect and has not been rescinded. Under this **Safer at Home Order, individuals are required to exercise personal responsibility to remain safe, but are not ordered to stay home.**
1. Individuals must continue to exercise caution when engaging in public activities and practice everyday preventive actions, which include: wearing a mask in public, practicing social (physical) distancing, disinfecting high-touch surfaces, avoiding unnecessary travel, avoiding unnecessary public gatherings, and washing hands for 20 seconds.
  2. Individuals with COVID-19, or who have symptoms consistent with COVID-19, or who have been in close contact with someone who has COVID-19, are required to stay home and away from other people.
- B.** Gathering limits of 15 or fewer persons for the following:
1. Social gatherings.
  2. Traditional ceremonies, consistent with Navajo Health Command Operations Center guidelines.
  3. Outdoor recreational events, consistent with Navajo Health Command Operations Center’s guidelines. This includes walks, runs, bike rides, motorcycle events and similar events.
  4. Churches and other houses of worship, consistent with Navajo Health Command Operations Center guidelines. Bible study group meetings of 15 or fewer people are permitted, consistent with the in-person training and meeting guideline.
  5. Youth programs, consistent with Navajo Health Command Operations Center guidelines (Public Health Emergency Order No. 2021-017, August 12, 2021).
- C.** Gathering limits of 25 or fewer persons remain in effect for in-person meeting and training, consistent with Navajo Health Command Operations Center guidelines.
- D.** “Drive-in” gatherings up to 50 vehicles are permitted if the organizers and participants adhere to the requirements herein. Such gatherings include parking lot gatherings for internet access, religious services, funeral services, graduations (consistent with Health Command Operation’s guideline), and similar events. Organizers must ensure the following are in place:
1. Outdoor “drive-in” gatherings only where people from the same vehicle remain in their vehicles.
  2. Vehicles are parked at least six (6) feet from other vehicles, in all four directions.

3. Organizers and participants wear masks.
  4. Gathering is conducted in a no-contact manner and maintaining social distancing standards.
- E. All Businesses** must continue to comply with the requirements of Public Health Emergency Order No. 2021-017 Implementing “Orange Status” for Businesses (August 12, 2021) or subsequent Order. Businesses must continue to address safety measures through policy and procedures of the following:
1. Ensure physical distance between personnel, customers, and any member of the public at the place of business is maximized, and that keeping six-feet between persons is possible at all times. Temperature screening for customers is optional but highly encouraged when transmission of cases increases.
  2. Wearing a mask in public continues to be mandatory (Public Health Emergency Order No. 2021-015, August 4, 2021).
  3. Provide standards for how to respond to suspected and confirmed cases of COVID-19 among employees. The policies and procedures shall further provide contact information for the nearest healthcare facility, and such information posted conspicuously at the place of business (e.g., informational poster). The place of business shall contact the healthcare facility immediately in the event of a suspected or confirmed case of COVID-19 to consult about next steps. Places of business shall report suspected or confirmed cases to the Navajo Health Command Operation Center by calling (928) 871-7014 or the HCOC portal (available at <https://www.ndoh.navajo-nsn.gov/COVID-19>).
- F.** There is no daily curfew in effect; however, the Nation’s curfew for children pursuant to Title 17 of the Navajo Nation Code remains in full force and effect.
- G.** Due to the current Omicron variant surge, travel recommendations are as follows:
1. Delay travel until you are fully vaccinated or received a booster vaccine dose (if eligible).
  2. Avoid all unnecessary travel.
  3. Stay home if you are sick or in quarantine, unless seeking medical attention.
  4. Use alternative methods, such as virtual or telephonic, for meetings and appointments.
  5. Consider testing before and after traveling as a precaution.

**NOTICE IS FURTHER GIVEN** that this Order shall not abrogate any disease-reporting requirements (consistent with HIPAA privacy standards).

**NOTICE IS FURTHER GIVEN** that it is greatly advised that the public take the following preventive precautions against COVID-19:

1. Avoid close contact with people who are sick.
2. Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing, or having been in a public place. If soap and water are not available, use a hand sanitizer that contains at least 60% alcohol.

3. To the extent possible, avoid touching high-touch surfaces in public places – elevator buttons, door handles, handrails, handshaking with people, etc. Use a tissue or your sleeve to cover your hands or finger if you must touch something.

4. Wear a mask and avoid touching your face, nose, eyes, etc.

5. Clean and disinfect your home to remove germs: practice routine cleaning of frequently touched surfaces (for example: tables, doorknobs, light switches, handles, desks, toilets, faucets, sinks, and cell phones).

6. Refrain from gathering with individuals outside your household who are not yet fully vaccinated or received a booster vaccine dose (if eligible).

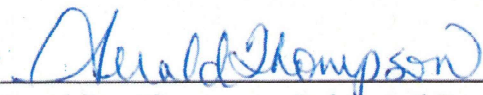
7. Limit unnecessary travel.

8. Get an influenza (flu) vaccination as soon as possible and when safe to do so, and in accordance with the above requirements.

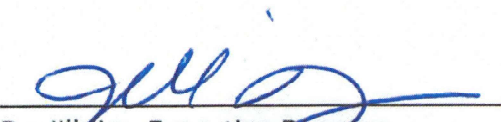
9. All persons are highly encouraged to become fully vaccinated or receive a booster vaccine dose (if eligible) as soon as possible and when safe to do so, and in accordance with the above requirements.

**NOTICE IS FURTHER GIVEN** that this Order shall take effect on Tuesday, January 11, 2022 at 5:00 A.M. MST and shall remain in effect until otherwise rescinded or modified by a subsequent Order.

**ADDITIONAL ADVISORIES AND ORDERS WILL FOLLOW AS CONDITIONS WARRANT. SO ORDERED THIS 11<sup>th</sup> DAY OF JANUARY, 2022.**



Geraldine Thompson, Delegated Program Supervisor III  
Navajo Office of Environmental Health &  
Protection Program  
Navajo Department of Health



Dr. Jill Jim, Executive Director  
Navajo Department of Health  
Health Command Operations Center

## **Definitions**

**Drive-In:** means attending a gathering without leaving one's car.

**Gathering:** means any grouping together of individuals in a single connected location. (From Public Health Emergency Order dated March 18, 2020).

**Social Distancing Requirements:** Physical distancing by limiting contact of people within 6 feet from each other. (From Public Health Emergency Order No. 2020-002, March 19, 2020).

**Social Distancing Standards:** Physical distancing by not shaking hands, standing several feet away from other people, avoiding crowds, etc.) (From Public Health Emergency Order No. 2020-003, March 20, 2020).